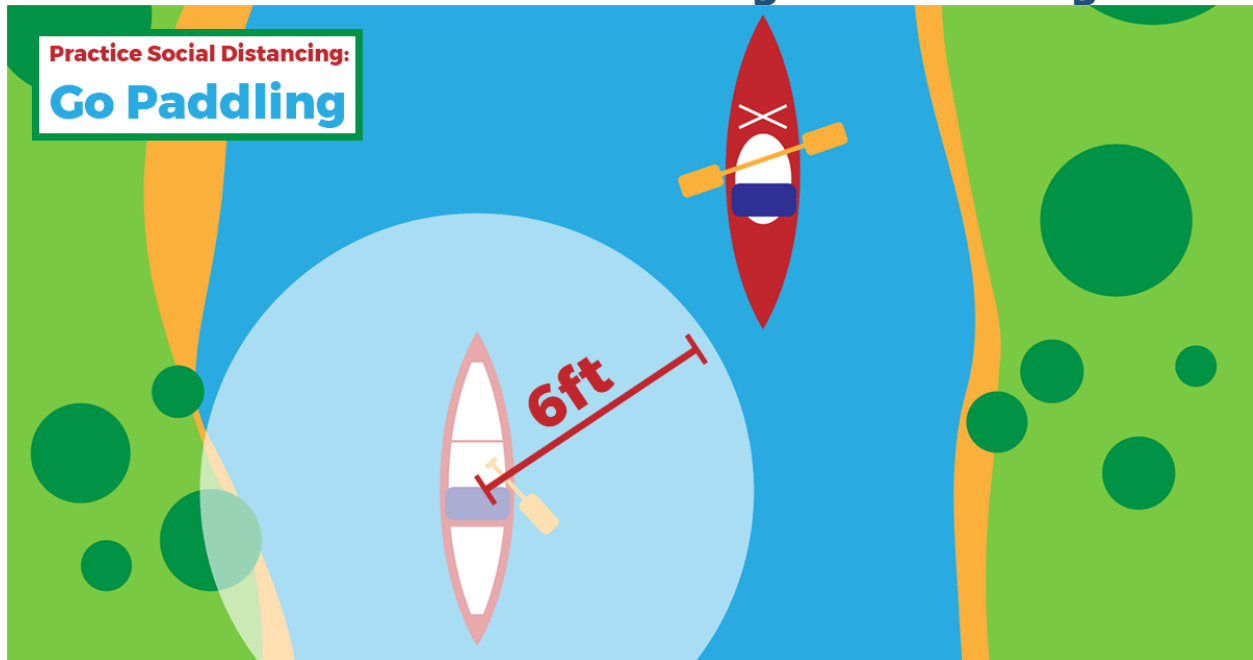


Practice Social Distancing: Go Paddling



Now is still a great time to go paddling. It is a perfect way to connect with nature and the tranquility of Otty Lake while implementing the COVID-19 rules of social distancing!

1. Paddle alone or with a partner.

We rarely paddle with more than 2 or 3 in the best of days. Paddling with those living under your roof is often a favourite!

2. Maintain a 2 metre distance at all times.

It may seem strange on land but with paddles, it's a natural!

3. Only touch your own gear.

Now is the time for everyone to carry their own gear. The exception would be launching a boat. If you grabbed the stern to put the kayak into the water, grab the stern to pull it out. An easy way to avoid contamination.

4. Avoid sharing snacks and drinks.

Share only your stories. Eat your own snacks and carry your own water bottle.

5. Stay safe.

Don't let coronavirus distract you from carrying your essential gear:

- Wear a comfortable, well-fitting PDF.
- Carry a whistle on you and keep it accessible.
- Tuck in your bailer or pump.
- Carry a buoyant heaving line at least 15 m long.
- A watertight flashlight with good batteries, just in case.

6. Post a picture of your trip on the Otty Lake Association Facebook page!